

1. Introduction to the man

- a) Is Paul referring to himself or to every Christian in Romans 7?
- b) Is this struggle described prior to conversion, after conversion, or both?

2. Dead to the Law

- a) Romans 7:1–6
- b) How does Paul’s illustration of the law of marriage apply to the religious system of Judaism?
- c) What does Paul mean when he says “serve in the newness of the Spirit and not the oldness of the letter”? Matthew 5:21–26, 27–30

3. Sin and the Law

- a) Romans 7:7–11
- b) What is the relationship between the law and sin?
- c) What sins of our culture would be exposed if people would take the time to consider the law of God?
- d) What is the law powerless to accomplish?

4. The Law is holy

- a) Romans 7:12
- b) While discussing salvation by faith in Christ apart from the deeds of the law, why does Paul pause to emphasize that the law is holy and the commandment holy and just and good?
- c) What actions or teachings of Jesus demonstrate His respect for the law of God?
 - i) Matthew 15:1–9, respect for commandments

- ii) Luke 4:16, respect for Sabbath
- iii) Matthew 22:35–40

5. The internal struggle with sin

- a) Romans 7:14–15
- b) Romans 7:16–20
- c) Is Paul describing his own struggle here or the struggle of every human being?
- d) Does that struggle continue after conversion? In other words, is Paul describing a pre-conversion experience here, post-conversion, or both?
- e) Romans 7:21–24
 - i) Can you identify with Paul’s cry in Romans 7:24? Share a time in your life when your struggle with sin was particularly intense.

6. Victory through Jesus Christ our Lord

- a) Romans 7:24–25
- b) How does Jesus Christ give us deliverance from “this body of death”?
- c) What other promises of Scripture assure us of victory through faith in Jesus? Philippians 4:13; 1 Corinthians 10:13; Romans 8:31–32
- d) Share your testimony of victory through Jesus.

